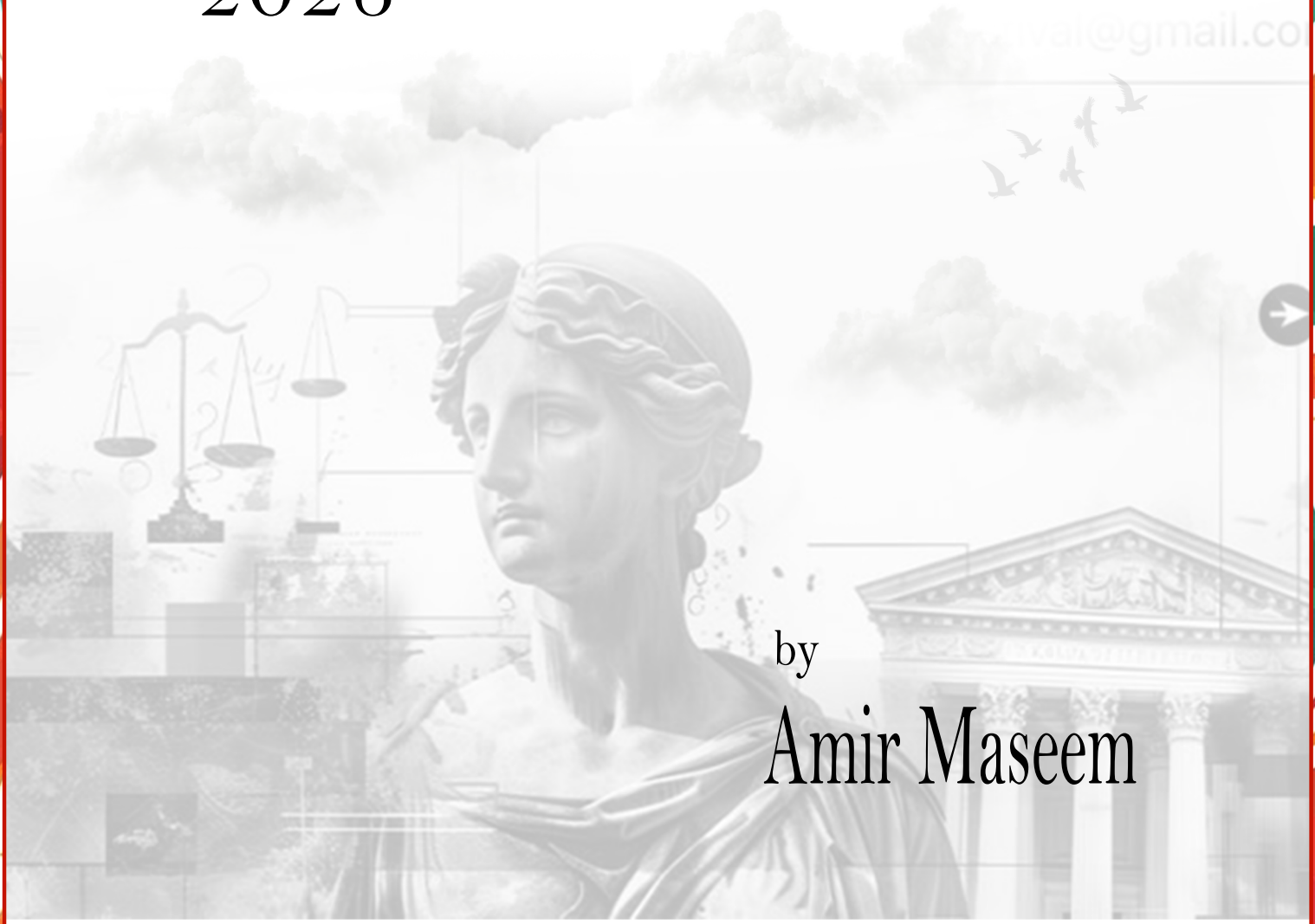
First memory of Painting

2026



by

Amir Maseem

FIRST MEMORY OF PAINTING

BY
AMIR MASEEM

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ABOUT THE BOOK

The first Memory Paintings is an anthology of diverse articles written by various authors. Presenting each writer's perspective is the book's central concept. Every author in this book has done their best to convey their emotions, which makes it special. Each of the 8 co-authors has done everything in their power to make this book look good and appeal to readers with their individual contributions.

ACKNOWLEDGMENT

Our Artistic life would not be possible without the support of many people, whom we'd like to acknowledge and thank. We thank our dearest friends and Families for appreciating everything we've written and shared over the years, and always asking for more. We thank the writers and our teachers Madam Zartasha and Madam Hamdia in our life for their support, encouragement, inspiration, ideas, sincerity, and dedication to their own craft. Finally, we'd like to thank you, my cherished readers. To get the story told gives me immense satisfaction. To have it received by you, dear readers, is an unexpected gift which keeps me grounded in the moment: the moment where all writing is born.

Thank you from the bottom of our heart.

Preface

In this book, the Artists have pure feeling in these Paintings. This is a first volume of these Paintings Arts. There is use real language of men and state of sensation pleasures and quantity of pleasure may be imparted, the book will be useful public motivations. O all Artists of the helpful the practical the inspiring in Artistic work in this volume cordially dedicated with the hope that its contents may courage many to press on in the overcoming of obstacles the conquering of discouragement the inspiring to greater service in behalf of our great throbbing common humanity.

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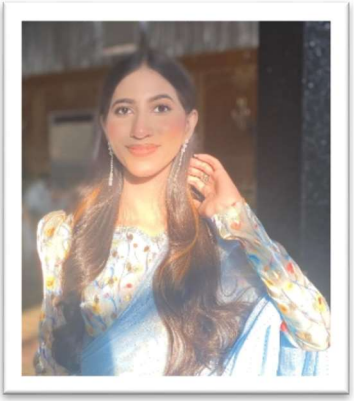
CO- AUTHOR

Muntaha Daud



Muntaha Daud is a passionate and creative student with a strong interest in art and design. She is a Co Author and Founder of Anthology. She enjoys expressing my thoughts, emotions, and imagination through different forms of artwork. She believes that art is a powerful way to communicate ideas and spread positivity. She loves working with colors, textures, and mixed materials to create unique and meaningful pieces. Her artworks are inspired by nature, dreams and everyday life. Through her creativity she aim to motivate others and shows that dedication and hard work can turn simple ideas into beautiful creations. She am always eager to learn new techniques and improve my skills. She goal to grow as an artist and use my talent to make a positive impact in the future.

Inspiring Imagination

This artwork beautifully represents the peaceful and magical world beneath the ocean. At the center of the composition is a graceful mermaid, symbolizing dreams, imagination, and inner strength. Her golden tail shines brightly, reflecting hope and positivity, while her flowing dark hair blends naturally with the deep blue waves around her. She appears calm and confident, as if she is comfortably exploring her own unique world.

The background is designed with layered shades of blue, representing the depth and movement of the sea. These gentle waves show that life is constantly changing, yet there is beauty in every stage. Colorful fish swimming freely across the canvas symbolize freedom, harmony, and the joy of living. They remind us that everyone has their own path, but we all share the same space and purpose.

Soft pink starfish and decorative shells placed along the shore add charm and elegance to the artwork. These elements highlight the richness of marine life and show how even small details can make a big difference in creating something meaningful. The carefully arranged pearls and

stones reflect patience, creativity, and dedication, proving that great art is made through consistent effort and love.

The mermaid in this artwork represents self-belief and courage. She stands as a symbol of someone who is not afraid to be different and chooses to follow her dreams. In many cultures, mermaids are seen as mysterious and powerful beings, and here she reflects confidence, independence, and emotional strength. Her posture suggests that she is looking ahead, ready to face new adventures with hope and determination.

This artwork also tells a story of balance between nature and imagination. It shows how creativity can transform simple materials into something magical. The use of fabric, beads, shells, and decorative pieces demonstrates how everyday objects can become meaningful when guided by vision and passion. This encourages viewers to see beauty in ordinary things and to express themselves freely.

Overall, this piece delivers a strong positive message. It teaches that every individual has a unique identity and inner beauty. Just like the mermaid in the ocean, we all have our own world where we can grow, learn, and shine. With patience, creativity, and confidence, anyone can turn their dreams into reality.

This artwork is not only visually attractive but also emotionally inspiring. It invites viewers to believe in themselves, respect nature, and appreciate creativity. It reminds us that when imagination meets hard work, the result is always something special and unforgettable.

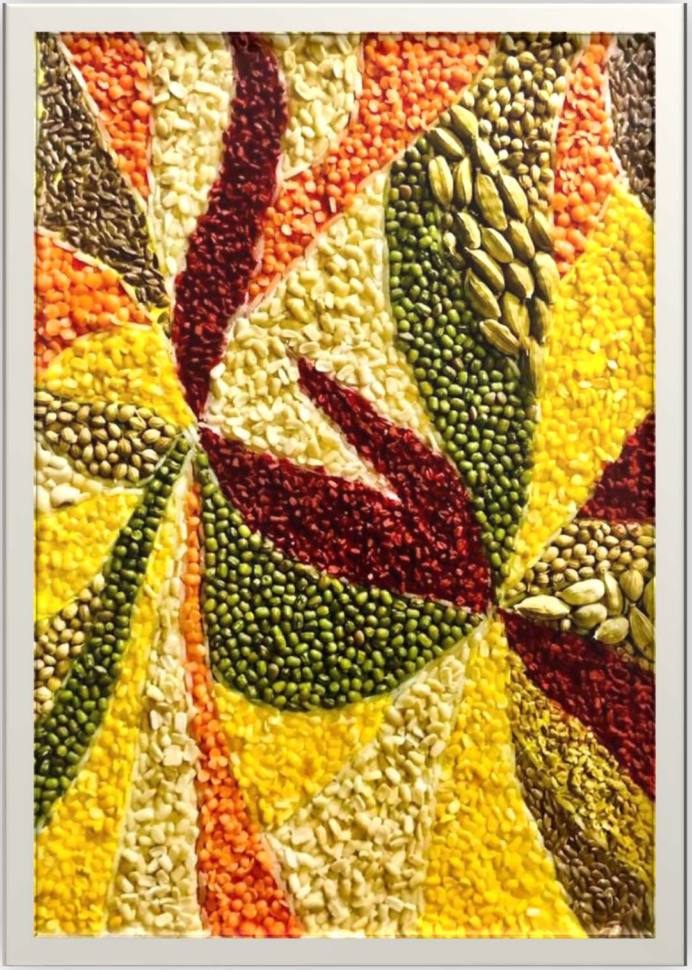
Fragments of sustenance

This artwork is created using different colorful grains and seeds, representing the beauty of diversity in life. Each grain has its own identity, yet together they form a meaningful and inspiring design.

The bright shades of yellow, green, red, and orange symbolize hope, happiness, hard work, and growth. This artwork shows that when people come together with unity and dedication, they can create something truly beautiful.

Every seed in this piece is placed with care and patience, reflecting creativity, perseverance, and love for art. It reminds us that small efforts, when combined, can lead to great success.

This artwork delivers a positive message: with courage, unity, and optimism, we can add colors to our lives and turn dreams into reality.



1Muntaha Daud

The Heart refused to Rust

This work is composed entirely of everyday pulses and grains, arranged into a fragmented, geometric composition. Materials traditionally associated with nourishment and survival are reorganized into a visual structure, shifting their identity from utility to contemplation.

Each section carries a distinct texture, color, and density, suggesting individuality within a shared system. Though separate, the elements rely on proximity and balance, reflecting interdependence rather than isolation. The composition functions as a quiet metaphor for collective existence where diversity does not dissolve unity, but strengthens it.

It is using consumable materials, the artwork explores impermanence and continuity simultaneously. What is meant to be used, cooked, or depleted is momentarily preserved, inviting the viewer to reconsider value, fragility and the unseen rhythms of daily sustenance. The piece positions the ordinary as meaningful, proposing that structure, harmony and expression can emerge from the most

fundamental elements of life.

Abdullah Fayyaz

Abdullah Fayyaz is a co-author and founder of an anthology, and an art and design student with a keen interest in contemporary art and design. His work explores emotional depth and the quiet strength of compassion through visual metaphor.

He believes that art is a powerful form of expression of thoughts, identity, and inner feelings and a space of freedom beyond limitations. For him, art goes beyond colors and canvas, serving as a meaningful way of communication rather than mere aesthetics.

Influenced by cultural values, spiritual thought, and societal taboos, his artistic practice reflects themes of compassion, resilience, patience, and human

Echoes of Eternity

A Dialogue Between Pearl and Stars is a contemporary reinterpretation that brings together two of the most iconic masterpieces in art history Johannes Vermeer's Girl with a Pearl Earring and Vincent van Gogh's The Starry Night through a harmonious fusion of traditional inspiration and modern visual language.

The central figure is inspired by Vermeer's timeless portrait, yet reimagined through geometrical planes that fragment the face and body into structured forms. These shapes are not merely decorative; they represent the breaking of classical realism into modern abstraction, symbolizing how art evolves across time while retaining its emotional core. The subtle expression of the girl, her calm gaze, and the luminous pearl earring remain intact, preserving the quiet elegance and mystery of the original work.

Covering the figure are intricate Zentangle and mandala patterns, each drawn with patience and precision. These patterns introduce a meditative rhythm to the composition, reflecting traditional craftsmanship and the idea of inner harmony. The repetitive motifs also serve as a bridge between cultural traditions and contemporary design, emphasizing balance, spirituality, and continuity.

The background draws inspiration from Van Gogh's Starry Night, recreated using swirling strokes and circular movements that evoke motion, energy, and the vastness of the universe. The deep blue tones contrast with the structured geometry of the figure, creating a dynamic dialogue between chaos and order, emotion and logic. The stars appear almost alive, surrounding the figure as if time itself is folding around her.

It is merging these two legendary artworks this piece

becomes more than a tribute it is a conversation between eras. Classical realism meets modern abstraction; Western art history meets traditional pattern work; stillness meets movement. The artwork invites viewers to reflect on how iconic images can be reinterpreted without losing their soul, proving that art is timeless, adaptable, and endlessly evolving.

This composition stands as a visual bridge between past and present, tradition and innovation, offering a fresh perspective on familiar masterpieces while celebrating the unity of global artistic expression

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Strength of Kindness

It is a symbolic visual interpretation inspired by a profound teaching attributed to Hazrat Ali (RA): “Do good to those who hurt you.”

The artwork translates this moral principle into a powerful metaphor, using simple objects and contrasts to communicate a deep ethical message.

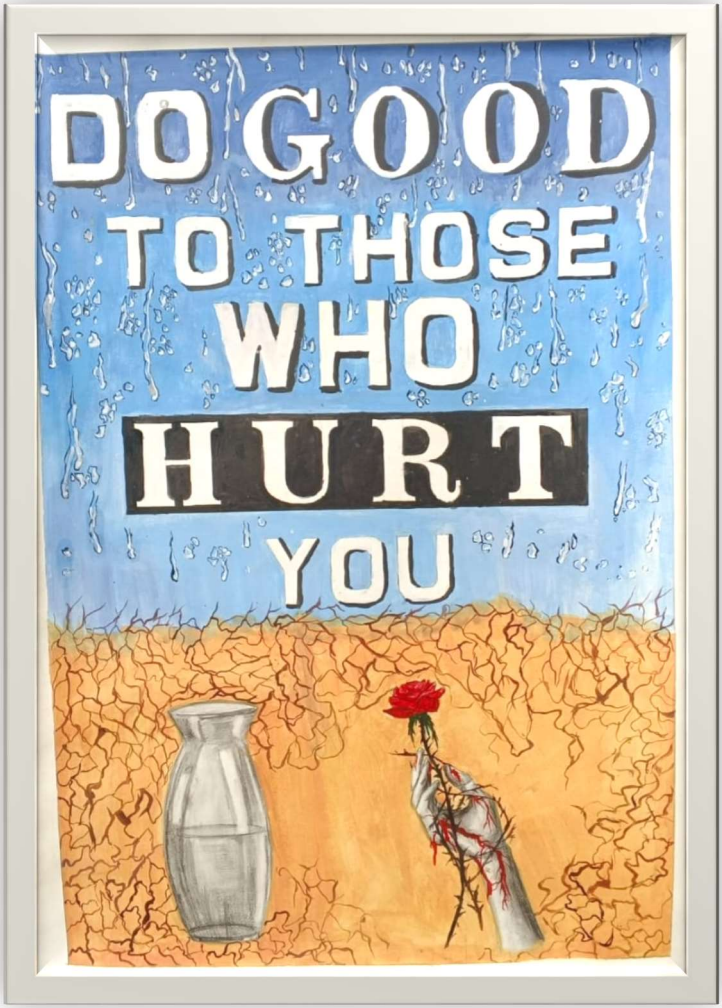
At the center of the composition, a thorned flower pierces the hand, causing visible pain, yet the same hand places the flower into a water-filled vessel instead of rejecting it. This act represents choosing compassion over retaliation. The thorns symbolize people or situations that cause hurt, while the act of offering water reflects kindness, patience, and moral strength. Despite pain, goodness is consciously chosen highlighting the higher spiritual position of forgiveness.

The hand is rendered as a pencil sketch, intentionally left fragile and incomplete. This visual treatment suggests human vulnerability and emotional worthlessness when

responding with anger or revenge. It emphasizes that true strength does not lie in physical power, but in restraint and moral character.

The background further reinforces the message through contrast. Rain and water dominate the upper portion, while dry, cracked soil occupies a smaller area below. This imbalance is deliberate: it symbolizes that goodness, mercy, and positivity carry more power and influence than hurt, hatred, or harm. Just as water eventually heals dry land, kindness has the ability to soften even the hardest hearts.

Together, these elements create a visual narrative where pain exists, but does not control the outcome. The artwork reminds the viewer that responding with goodness is not weakness it is an act of faith, strength, and higher wisdom. Rooted in Islamic values yet expressed through universal symbolism, Strength of Kindness invites reflection on patience, forgiveness, and the transformative power of good deeds.


DO GOOD
TO THOSE
WHO
HURT
YOU

Fatima Batool

Fatima Batool is a passionate student who has a deep interest in arts. Her passion for art is rooted in careful observation of life and nature, where emotions, moments, and details inspire her creative process. Art, for her, is not only aesthetics but also meaning and reflection, allowing her to explore ideas beyond the visible surface. Publication of her artwork is a step toward sharing her vision with a wider audience and engaging with diverse perspectives. It represents both personal growth and professional development as an artist. She remain committed to evolving as a practicing visual artist through continuous learning, experimentation, and self-reflection

Women in Yellow

This painting presents a semi-abstract figurative composition that prioritizes emotional atmosphere over realistic detail. The single female figure occupies the center of the canvas, seated in a quiet posture. Her body leans slightly inward, with crossed legs and relaxed hands, while her eyes remain closed. This posture immediately suggests introspection, emotional restraint, and solitude. She exists within her own internal world rather than an external environment. Anatomical details and elongates the figure, avoiding strict realism in favor of expressive form. Facial features are soft and minimally defined, creating a calm yet distant expression. The closed eyes symbolize inner reflection, emotional fatigue, or peaceful detachment. The high bun hairstyle implies control and containment, while loose strands soften the figure, hinting at vulnerability beneath composure. Color plays a crucial symbolic role in the painting. The mustard-yellow garment suggests warmth, hope, and inner light. In contrast, the blue jeans evoke calmness, depth, and melancholy, grounding the figure emotionally. The red tones in the hair introduce an element

of passion and suppressed intensity, subtly implying emotional conflict. The background is dominated by shades of purple and white, with purple representing mystery, introspection, and emotional complexity, while white conveys emptiness, silence, and mental space. The transition from lighter to darker tones enhances the feeling of isolation and emotional depth, suggesting movement between clarity and uncertainty. Rather than narrating a specific story, it captures a fleeting emotional state. The artwork invites contemplation, encouraging the viewer to pause and reflect on the silent, unspoken emotions that define the human inner experience.

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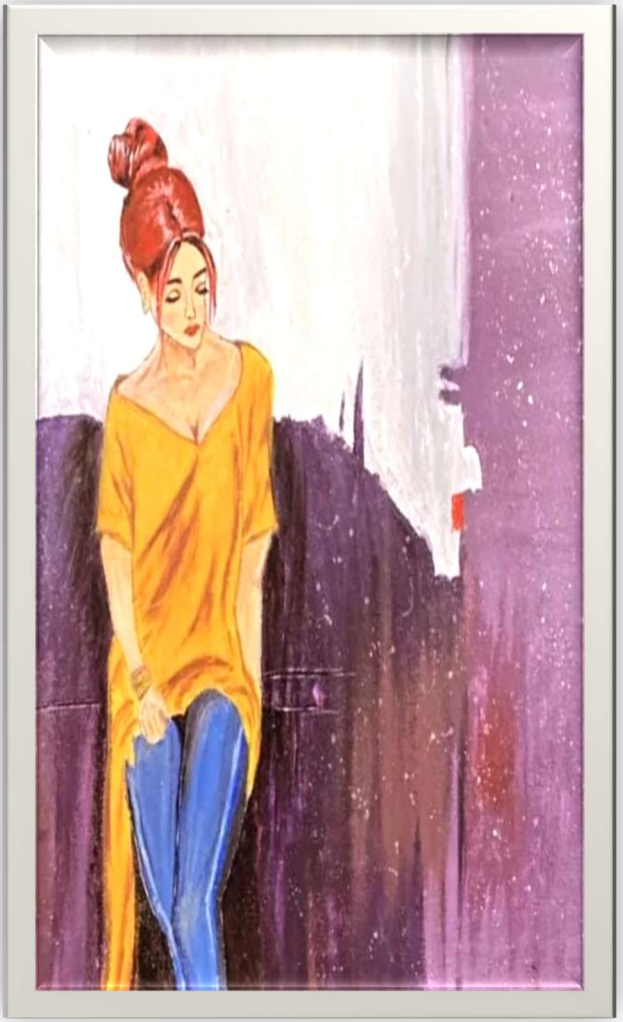

Wine Glass Mystery

This painting is a stylized, modern abstract–figurative artwork that combines minimalism with symbolic expression. The central figure appears to be a woman shown in side profile, rendered not with realistic detail but through bold shapes, clean outlines, and colour blocks. Her face is elongated and simplified, with a sharp nose, closed or half-hidden eyes, and defined lips, suggesting calm introspection or quiet confidence. The posture of the figure is upright and composed, facing toward a wine glass placed prominently in the foreground. The glass is not merely an object but a key symbolic element, positioned almost at eye level, creating a visual dialogue between the woman and the drink, as if she is contemplating it rather than actively consuming it. The colour palette is limited yet powerful, dominated by black, white, grey, orange, and deep red. Black is used heavily in the hair, outlines, and shadows, representing mystery, depth, and emotional complexity. White defines the face and neck, symbolizing purity, silence, or inner clarity. Shades of grey and muted lavender in the background provide balance and calm. The orange tones, seen in the wine and parts of the

clothing or background shapes, convey warmth, desire, creativity, and sensuality. Together, these colors create a harmonious yet emotionally charged composition. In terms of style, this artwork can be classified as modern abstract figurative painting with influences of cubism and minimalism. It emphasizes form, colour, and emotional suggestion over realism. The painting feels elegant, introspective, and slightly melancholic, portraying a quiet moment of inner dialogue.

First Memory of Painting

Aqsa Ghazal

Aqsa Ghazal's portfolio showcases an exceptional blend of creative intuition and technical finesse. As a BFA student she masters intricate observational sketching and architectural depth with striking precision. Her work transforms foundational studies into sophisticated visual narratives, marking the rise of a dedicated designer with a refined, elegant aesthetic.

Strength beyond Identity

This artwork is created using a dot technique, where countless small dots come together to form a powerful image. The figure appears as a hooded warrior, standing firm and calm, holding a sword across the body. The absence of facial details adds mystery and strength, allowing the viewer to focus on the posture and presence rather than identity.

Black dots are used to build depth, shadows, and structure, while red dots highlight movement, energy, and danger. The red accents around the sword suggest power, conflict, and inner fire, symbolizing courage and struggle. The contrast between black and red creates a dramatic and intense mood.

The dotted texture gives the artwork a sense of patience and discipline, showing how small elements can create a strong and meaningful whole. This piece represents strength, protection, and resilience, reminding us that true power often comes from si

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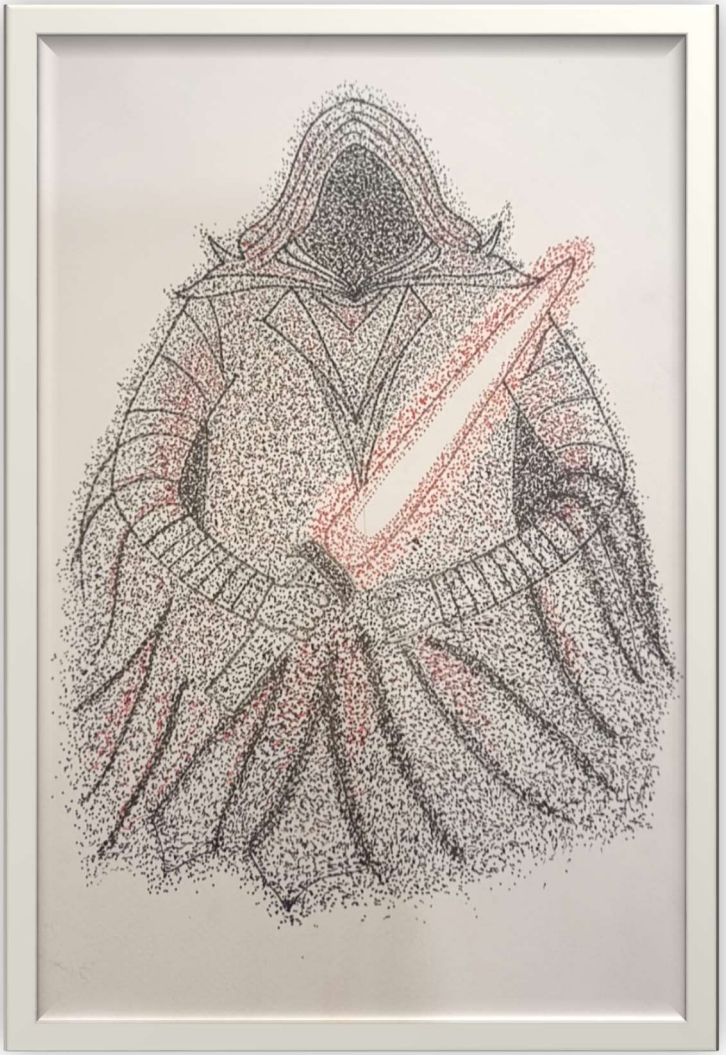


The Comfort of Togetherness

This artwork is created using a dot technique with black and red ink. It shows three penguin-like birds standing close together, giving a feeling of warmth, protection, and togetherness. The careful placement of small dots builds the form, texture, and shading of the figures, creating depth without using solid lines or heavy colors.

Black dots are used to define the outlines and structure, while red dots add contrast and emotion, making the artwork visually striking. The soft white space in the center of each figure balances the composition and keeps the design clean and minimal.

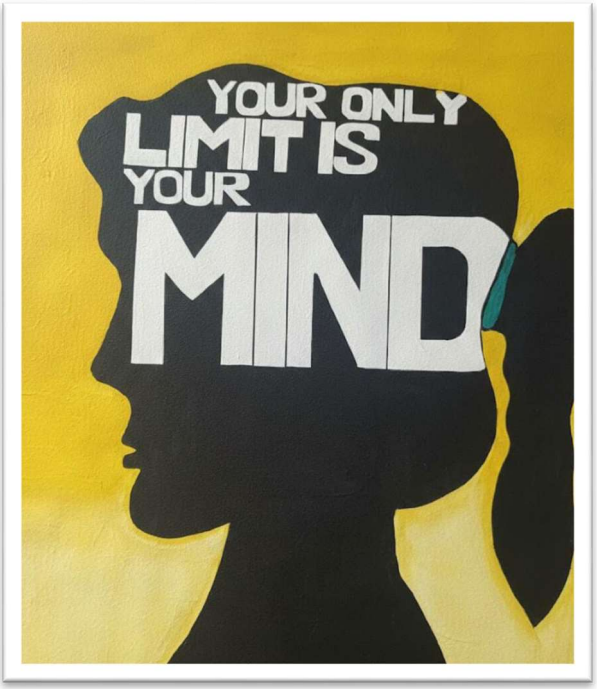
The overall mood of the artwork is calm yet expressive. It represents family, unity, and quiet strength. The dotted style gives the piece a modern, hand-crafted look and shows patience and control in the artistic process.

Alishba Rafiq

She is Alishba Rafiq, a BFA student's work reflects a sophisticated command of conceptual typography and thematic illustration. Her work exhibits remarkable finesse, blending bold graphic silhouettes with intricate hand-painted textures. By marrying creative storytelling with technical precision, Alishba transforms foundational design principles into compelling, modern visual narratives.

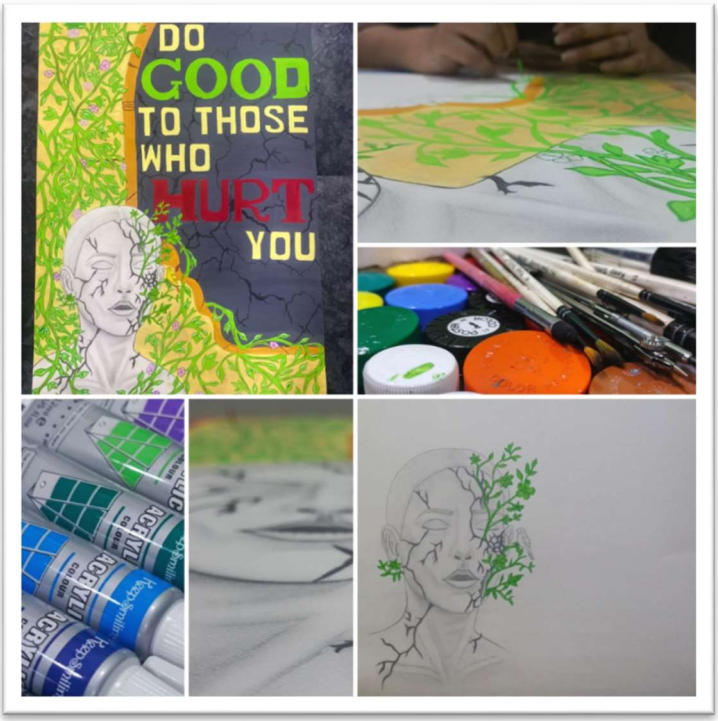
Unbound Horizon

Liberate yourself from the unseen limits of self-doubt. This bold silhouette symbolizes that true potential comes from within, not from the world around us. While society may impose boundaries, it is your mindset that determines how far you can go. Shift your perspective, quiet the inner critic, and understand that the only limit stopping you is the one you place on yourself.



Blooming Resilience

This striking artwork portrays a journey of healing and inner strength. The contrast between a cracked, monochrome figure and vibrant, flourishing vines symbolizes resilience born from pain. It reflects the courage to face wounds with compassion and shows that even from the deepest scars, growth, beauty, and renewal can emerge.



Nida Siraj

Nida Siraj is a dedicated arts student pursuing a Bachelor of Arts with a focus on Visual Arts. From a young age, she showed a strong interest in drawing and painting, which later grew into a passion for creative expression. Her studies include art history, design, and digital illustration, allowing her to explore both traditional and modern techniques.

Nida's artwork often reflects themes of culture, identity, and human emotion. She actively participates in exhibitions and

collaborative projects, continuously developing her skills and artistic perspective. With creativity and determination, she aims to build a career in the art world and use her talent to inspire and connect with others through meaningful visual storytelling.

Visual Breakdown

The Backdrop: A range of towering, snow-capped mountains dominates the upper half of the page. The peaks are rendered with sharp white tops against a bright cerulean sky, featuring soft, wispy clouds that mirror the texture of the snow.

The Midground: A dense line of dark, silhouetted evergreen trees acts as a buffer between the rocky slopes and a body of water—likely representing the turquoise Attabad Lake or the Hunza River.

The Foreground: Deep green shrubbery and grassy textures frame the bottom of the piece, giving the viewer the perspective of standing on a shoreline looking across the water.

Typography: The word "HUNZA" is painted across the center in a bold, bright orange font. The warm tone of the letters provides a sharp, energetic contrast to the cool blues, whites, and greys of the natural scenery.

HUNZA

The Distinct Beauty of Seasoning

This painting is a vibrant four-panel composition that captures the distinct beauty of the four seasons, arranged in a grid that showcases a variety of landscapes and lighting techniques.

Winter (Top-Left): A serene night scene featuring a full moon reflecting off a frozen river. The use of cool blues and stark white highlights creates a quiet, chilly atmosphere amidst snow-covered pines.

Spring (Top-Right): A bright, airy scene with a blooming pink cherry blossom tree. A winding path leads the eye past a classic streetlamp, utilizing soft pastels to evoke a sense of new beginnings.

Summer (Bottom-Left): A tropical beach escape under a bright blue sky. The leaning palm tree and white-capped waves hitting the shore provide a high-energy, warm aesthetic.

Autumn (Bottom-Right): A golden forest path bathed in warm light. The artist uses rich oranges, yellows, and browns to depict falling leaves and the "golden hour" glow of a fall afternoon.

First Memory of Painting

Rabbia Munawar

Her name is Rabbia Munawar. She is an art student currently pursuing a Bachelor of Fine Arts and Graphic design where patience meets creativity. She is a hardworking and passionate artist whose art expresses freedom, patience and realism shaped by passion, discipline, a love for visual storytelling and a realistic view of life through her thoughts. Her every stroke is a step towards honesty, strength and self-expression.

Whispers of the shore

This is a mixed-media highly textured and an abstract painting that captures a close-up view of ocean waves meeting a sandy beach. The artwork is characterized by its use of texture to create a three-dimensional effect, likely using materials such as sand or texture paste. This painting is divided diagonally with the lower-left portion depicting the beach and the upper-right portion showing the water. The beach area is rich reddish brown with a rough Sandy texture. The water is vibrant and smooth blue, and the white texture paint is used to depict the crests and waves onto the shore.

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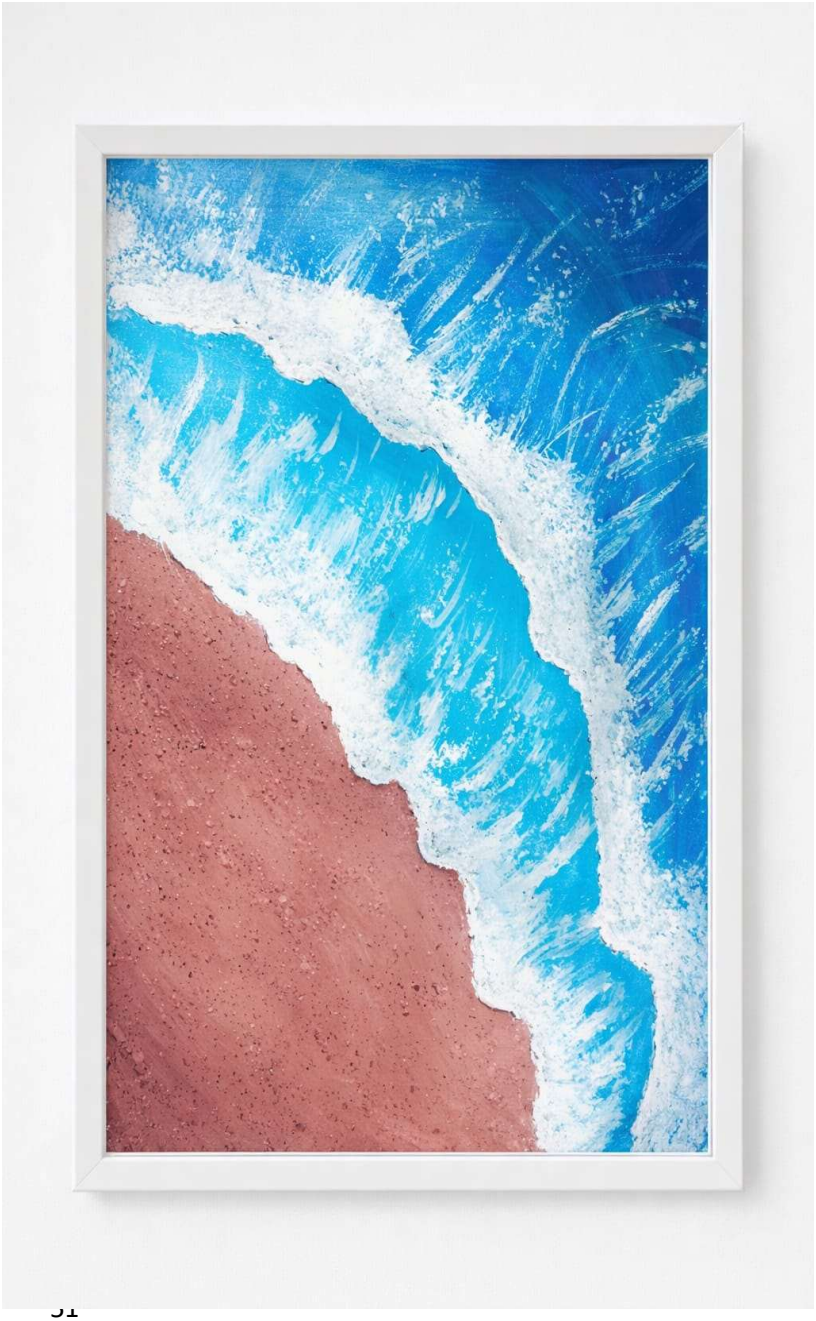
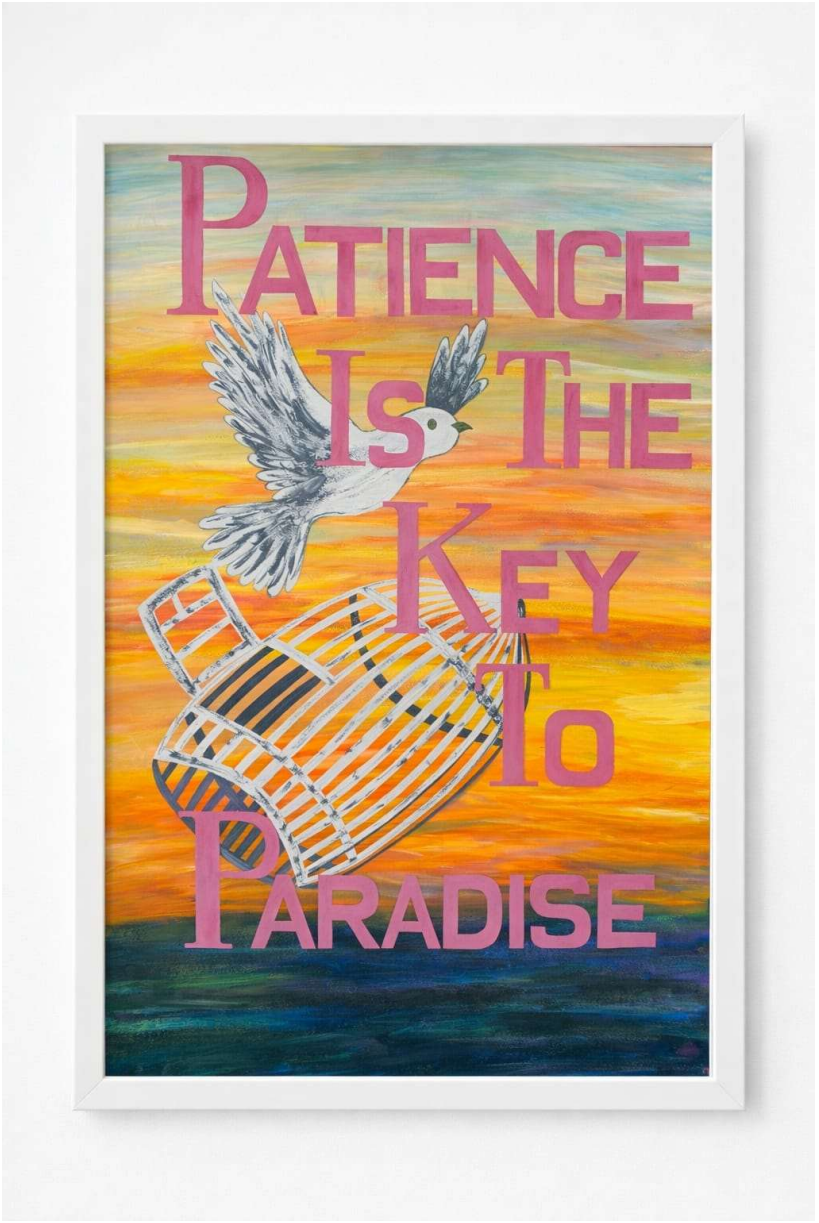


Patience unlocks freedom

This image is a colorful painting or poster featuring a motivational message. The background is an artistic blend of warm colors including yellow orange and pink at the top fading into a dark blue or black at the bottom, suggesting a sunset or sunrise. Which also represents the way of freedom with patience from dark to light. The artwork uses the visual metaphor of the bird and cage combined with the prominent text, to convey a message about patience leading to freedom or a better state paradise.


PATIENCE
IS THE
KEY
TO
PARADISE

Amir Maseem

Amir Maseem is a passionate writer who is striving to learn and grow in this beautiful life. He has been working on numerous anthologies and looks forward to working on more. He loves sports and has a liking towards music and poetry. He is an Artist, poet, creative essay writer and likes writing as a hobby to express hidden feelings for those who can't and those who can. He likes to write Romantic Art and poems to uplift those low in spirit.

Visual identity and Cohesive Image

This is a bold decorative piece with a clear visual identity. The central elephant motif is immediately arresting and the pattern work across the trunk and right ear creates a joyful rhythmic energy. The drawing shows a confident hand with deliberate line work and a strong sense of ornamentation.

The repeated geometric and organic motifs across the trunk and right ear read as a coherent decorative language. The alternating bands on the trunk give a pleasing cadence and hold the viewer's attention. The saturated warm palette on the patterned areas is lively and engaging. Contrasting hues within the patterns create local interest and keep the eye moving. Cantering the head makes the design feel emblematic like a crest or talisman. The placement of small geometric elements around the head helps to animate the negative space.

The outlines and interior details are clean and assured. The ornamental detailing demonstrates care and an eye for small-scale design. The left ear viewer right is richly patterned and highly saturated while the other ear is largely flat yellow. That asymmetry is not necessarily bad but as executed it reads as unbalanced. Either introduce pattern or tonal variation into the yellow ear or simplify the patterned ear so both sides converse more harmoniously.

Nearly everything sits on the same tonal plane so the image reads quite flat. Introducing a consistent light source and some shading would help create form on the ears trunk and tusks and give the head a stronger three-dimensional presence. The brown tusks conflict with expectations for material and value. Lighter tusks with subtle shading would create better contrast against the trunk and integrate more

naturally. Also adding slight shadow where the head meets the ears and under the trunk will make the anatomy feel more convincing.

The center of the forehead has a strong decorative element but the eye is drawn across many competing details. Strengthen a primary focal point by increasing contrast or detail there and simplify secondary areas so the eye can rest. The heavy uniform outline ties the elements together but also flattens them. Varying line weight to emphasize contours versus interior patterning would increase dimensionality and visual interest. The large white border and scattered small shapes feel underutilized. A subtle background wash or a halo of color could make the head pop and reduce the sensation of being suspended in empty space. Even a faint shadow under the chin would ground the form.

Decide on a single light direction before adding shading. Use it to place soft shadows inside ears under the trunk and at the tusk bases. Reduce palette complexity slightly by choosing a limited set of harmonious colors for the patterned areas or use a consistent accent color across all patterns to unify the composition. Thicker outer contours and finer interior lines will help separate planes and emphasize form.

Consider swapping tusk color to an off-white with warm shadows and add highlights for a glossy look. Watercolor or diluted ink behind the head would offer a soft background while colored pencils or markers can add blended shading and texture on the patterned areas.

Make intentional choices about symmetry. Either embrace the asymmetry as a design statement and make it feel deliberate or restore more balance so both sides read as equally resolved. The work reads as celebratory and decorative mixing cultural motifs with a psychedelic sensibility. That combination suggests themes of memory majesty and ornamented identity. The strong color and patterning give it an upbeat festive mood rather than a

naturalistic or somber tone.

Overall assessment this piece has a distinct voice and excellent pattern design. With a few adjustments to value balance and anatomy it could move from a striking decorative study to a more dimensional cohesive image with stronger presence. Keep the inventive color sense and detailed motifs and focus next on unifying those choices through value and composition.

THANK YOU FOR READING